



MtJacksonUMC.org

Mt. Jackson United Methodist Church

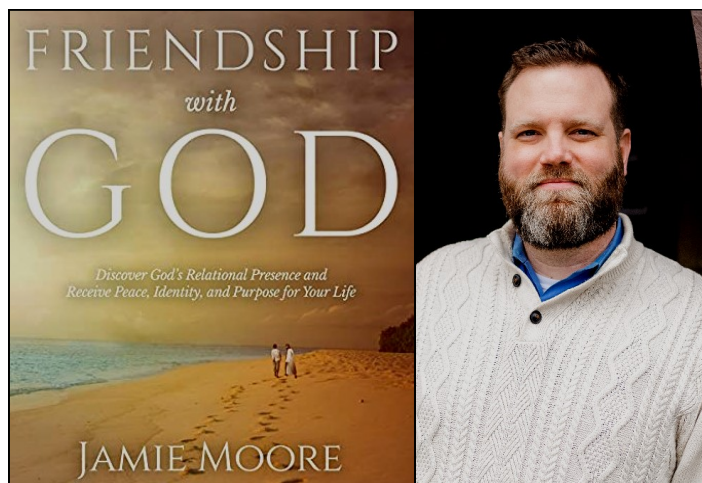
February 2023

Discover A Deeper Friendship With A Loving God

(5 Thursdays) March 02—30, 6-8 pm

For the upcoming season of Lent, we will gather together for soup, sandwiches, and a small group study about the relational presence of God. We will explore ways to go beyond just knowing about God, to deepen our friendship with him.

To participate in the small group study, purchase the book, *"Friendship with God"* by Jamie Moore. Read three short chapters beforehand, then we'll discuss whatever captures our attention. If you want to deepen your walk with God, don't miss this opportunity. We will meet in the Social Hall.



Pop Up Shop for Cutlery

Looking to *up your game* in the kitchen? Did you know the UMW offer a variety of Rada Cutlery to help make your kitchen work go smoother? We are well stocked on all kinds of knives and utensils, all the things you never knew you needed until you tried one out. Our inventory sells at pre-inflation rates - you won't get a better deal anywhere else. If you are interested in checking out our wares, we will have a pop-up shop in the social hall on Feb. 5th following the service or just reach out to Jennifer Hackenbracht at any time to make purchases.



Ash Wednesday

Wed. Feb. 22, 7 pm

The Ash Wednesday service is an ancient form of contemplation, confession, and commitment. The service will include receiving the mark of the cross with ashes placed on the forehead. It's a symbol of repentance and commitment to Christ. So, let Ash Wednesday be the beginning of renewal in your own spiritual journey as you follow Jesus.





From the Faith Community Nursing Ministry by Catherine Ambrose

The Parish Nursing Board has been updated for Winter!

From the Pastor...

Worshipping God through our singing is something uniquely powerful and entirely Biblical. The Bible is full of scriptures that connect singing to a mature walk with God. Those who actively pursue a deep relationship with God will surely be found singing. Why is worship singing so important?

1. Singing grounds us in God's truth. Our theology becomes more deeply rooted in our hearts when we sing songs that are rooted in Scripture.

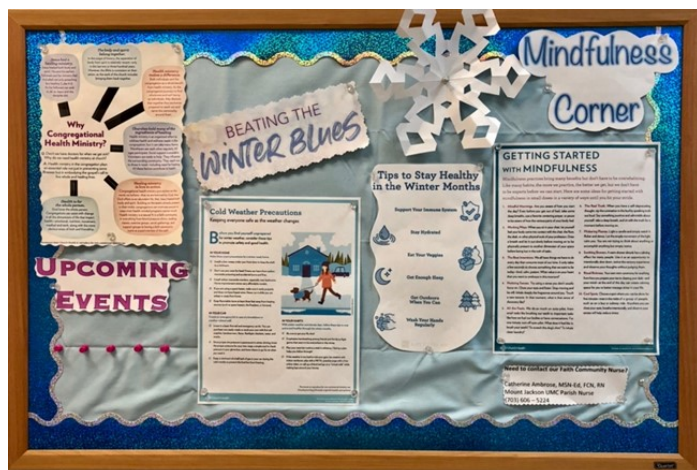
2. Singing helps nurture faith. Worship is directed to God, but it is for *our* benefit. Our *ears* need to hear our *mouths* sing praises to God. Our praises not only *express* faith, they also *inspire* faith.

3. Singing destroys the enemy's influence. (See 2 Chronicles 20) Singing can not only be worship, it can be warfare. When we praise God, the enemy flees. When we place God on the throne of our lives, there's no room left for the enemy to work.

4. Singing builds community. Worship singing can facilitate something few other ways of worship can. *Togetherness.* Our united voices become a single expression of praise that builds strong community.

May we give God the very best of our worship in *all* we do. And may singing be a joyful expression of our hearts and minds that unite us together.

The Valley Voice is a monthly newsletter of Mt. Jackson United Methodist Church. All articles or photos for the next issue should be submitted to Pastor Lee by the 20th of each month. Email it to leecrosby@vaumc.org. Use the same address to be put on our email list.



Having a hard time fighting off the winter blues? Check out our updated Parish Nursing Board next to the social hall for some helpful tips on cold weather safety, beating those winter blues, and practicing mindfulness. Also included is information on the importance of a health ministry, and simple ways to stay well in mind, body, and spirit as we face the chilly months ahead. This board will be updated regularly with helpful information and upcoming events to support whole-person health. Thank you for your support for our faith community nursing ministry!



REVOLVE

Centering your life around God

Lent Sermon Series
Feb. 26—April 02

Explore what it means for our lives to revolve around God's presence and purpose.



On March 25th, Mt. Jackson church is hosting a *Rise Against Hunger* event. We will be packaging 10,000+ meals for a third world country. The meal consists of rice, dried vegetables and protein. It is a wonderful time of working together, making new friends and reaching out to help others.

It will be held in the social hall beginning at 9:00 am. We will work in small teams with specific easy jobs and finished up around 11:30 am.

Sign up is required to ensure we have enough people to complete the job—approximately 35-40 people. ALL ages can participate with some type of job. It is a GREAT opportunity to invite a friend who does not attend church!

The sign up sheet is available on the main bulletin board. If you have questions please feel free to contact Cindy, email: crosby10@verizon.net or call (703) 785-1120. More information to follow!



- Feb. 4 -- Judy Frye
- Feb. 5 -- Fay Bowers
- Feb. 6 -- Jennifer Hackenbracht
- Feb. 14 -- Pat Callis
- Feb. 14 -- Jean Estep
- Feb. 20 -- Beverly Orndorff
- Feb. 27 -- Shirley Hackenbracht



Pastoral Care Team Update by Cindy Crosby

The Pastoral Care Team members are Catherine Ambrose, Margaret Harris, Lee and Cindy Crosby, with adhoc representatives Sharon and Bobby Clark and Jennifer Hackenbracht.

The primary job of the team is to keep Pastor Lee informed on emergency hospital stays, sicknesses and deaths.

If you have information related to any member or regular attender with an emergency or unexpected illness please contact Cindy. Her contact info is (703) 785-1120 or crosby10@verizon.net. All team members can receive information as well to keep Pastor Lee informed.

Financial Report by Faye Cochran

December 2022

General Fund Income	\$ 10,743.00
Expenses	\$ 8,158.91
Difference	\$ 2,584.09

Designated Giving	
Health & Welfare	\$ 85.00
Building Fund	\$ 100.00
Food Pantry	\$ 10.00

